#### Advantage:

- --clients sometimes want this
- --provides clear vocabulary and direction

### Advantage:

- --equips client with a model
- --creates common vocab and model for coach and client

#### Advantage:

- --offers the coach a number of hypotheses to test and directions to explore
- -- offers coach and client language for describing life

### Advantage:

- --trusts the client and the process
- --empowers the client (ideally)

# Most Prescriptive: Telling the client what they should do or try

## Sharing Information:

To encourage client reflection and planning

### Knowing Information:

Being guided by frameworks but not necessarily explaining them

### **Least Prescriptive:**

Only asking the client questions with no assumptions or frames of any kind

### Disadvantage:

- -- Coach could be wrong
- -- Disempowers client
- -- Does not take client context into consideration
- -- limited to frameworks the coach

### Disadvantage:

- --can be inefficient
- -- can represent coach agenda rather than client agenda
- --can distract from other models
- -- limited to frameworks the

### Disadvantage:

- --limited to frameworks the coach knows
- -- limited to frameworks that are salient to the coach

### Disadvantage:

- --can reinvent the wheel
- --can feel dissatisfying to some clients
- --can lack a sophisticated vocabulary